

CONVITO MARKET SALADS

fall 2020 v3



Subject to availability. Order online or call for curbside pick up & delivery or stop in!

VGN=VEGAN, VEGT=VEGETARIAN, GF=GLUTEN FREE DF=DAIRY FREE

Available (most) every day:

Violet's Tuna 13.99# GF DF

Fall Fusilli fusilli, butternut squash, spinach, beans, pecans, champagne vinegar, dijon, honey, olive oil 10.99# VGT DF

Rigatoni Noci pasta, walnuts, fontinella cheese, scallions; creamy lemon dressing 10.99# VEGT

Sesame Noodles fettuccine, scallions, sesame oil, sesame seeds, soy 10.99# VGN DF

Lemon Shello shell pasta, broccoli, red grapes, pecans, mayo, lemon 10.99#

Lemon-Dill Orzo kalamata olives, cucumbers, feta, lemon, olive oil 10.99# VEGT

Quinoa & Kale with tomatoes, carrots, almonds, sundried cherries, lemon, olive oil 12.99# VGN, DF

Candace's White Beans sun-dried tomatoes, spinach, capers; dijon vinaigrette 10.99# VGN GF DF

Pollo al Pesto chicken breast, tomatoes, mozzarella, kalamata olives, basil-pinenut-walnut pesto, yogurt aioli 11.99# GF

Salpicon Chicken chicken breast, green beans, crispy potatoes, paprika, cayenne, carrots, scallions, mayo 12.99# GF DF

Tarragon Chicken shredded chicken breast, celery, tarragon, chives, Dijon mayonnaise 11.99# GF DF

Bella Brussels brussels sprouts, prosciutto, parmesan; white balsamic dressing 14.99# GF

Armenian Zest cauliflower, celery, almonds, red onions, golden raisins, lemon, arugula, red wine vinegar, olive oil 12.99# VGN DF GF

Caponata eggplant, capers, black olives, tomatoes; sweet & sour dressing 10.99# VGN DF GF

Bellini Beets yellow beets, celery, feta, peach juice, champagne vinaigrette 11.99# VEGT GF

Vegetale Fresca peapods, cucumbers, zucchini, tomatoes, carrots; vinaigrette 10.99# VEGT DF GF

OTHER OPTIONS THAT MAY BE AVAILABLE IN MARKET

Crazy Cavatappi pasta, zucchini, prosciutto, onions, parsley, honey, dijon, red wine vinegar 12.99# DF GF

Chicken Paesana chicken breast, green olives, tomatoes, fontina, arugula, scallions, garlic, honey, vinegar, tomato sauce 11.99#

Convito Super Salad carrots, edamame, kale, cauliflower, radishes, lemon, onions, jalapeno, pepper, yogurt, lime, honey, olive oil 12.99# VEGT, GF

Lovely Lentils lentils, butternut squash, parsley, red onions, balsamic, dijon, coriander, cumin, ginger, cinnamon, olive oil 11.99# VGN GF DF

Turkish Chopped cucumbers, tomatoes, peppers, olives, onions, mint, vinaigrette 10.99# VGN DF GF

Festi Fall butternut squash, pomegranate seeds, peanuts, shallots, parsley, lemon, chili pepper flakes, honey, olive oil 11.99# VEGT VEGT, GF, DF

Artichoke Mushroom spinach, basil, thyme, oregano, chili flakes, Dijon-red wine vinaigrette 11.99# VGN DF GF

Sesame Spinicken chicken breast, spinach, red peppers, sesame seeds, vinaigrette 11.99# GF DF