

CONVITO MARKET SALADS

Spring 2021



Subject to availability. Order online or call for curbside pick up & delivery or stop in!
VGN=VEGAN, VEGT=VEGETARIAN, GF=GLUTEN FREE DF=DAIRY FREE

Available (most) every day:

PASTA

- Rigatoni Noci** pasta, walnuts, fontinella cheese, scallions; creamy lemon dressing 11.99# VEGT
- Sesame Noodles** fettuccine, scallions, sesame oil, sesame seeds, soy 10.99# VGN DF
- Spring Farfalle** farfalle, asparagus, peapods, arugula, lemon, poppy seeds, honey dijon; champagne vinaigrette 11.99# VGN DF
- Lemon-Dill Orzo** kalamata olives, cucumbers, feta, lemon, olive oil 11.99# VEGT
- Red Sunset** penne, grape tomatoes, red peppers, scallions, basil, feta cheese; lemon dijon vinaigrette 11.99# VEGT
- Penne Napoli** penne, tomatoes, mozzarella, basil, arugula, white balsamic vinegar, olive oil 11.99# VEGT
- Van Gogh** orecchiette, artichokes, fennel, tomatoes, parmesan, scallions, lemon, chili peppers; white balsamic vinaigrette 11.99# VEGT

VEGETABLES

- Chilly Dilly Cauliflower** cauliflower, tomatoes, capers, spinach, dill; cider vinegar, dijon, olive oil 12.99# VGN GF DF
- Bella Brussels** brussels sprouts, prosciutto, parmesan; white balsamic dressing 14.99# GF
- Caponata** eggplant, capers, black olives, tomatoes; sweet & sour dressing 10.99# VGN DF GF
- Bellini Beets**, yellow beets, celery, feta, peach juice; champagne vinaigrette 12.99# VEGT GF
- Vegetale Fresca** peapods, cucumbers, zucchini, tomatoes, carrots; vinaigrette 11.99# VEGT DF GF

GRAINS/LEGUMES

- Green Market Quinoa** quinoa, green beans, peapods, dill, parsley, basil; white wine dijon vinaigrette 12.99# VGN DF
- Candace's White Beans** sun-dried tomatoes, spinach, capers; lemon dijon vinaigrette 11.99# VGN GF DF
- Farro Fantasia** farro, pistachios, golden raisins, parsley, mint; lemon-honey-ginger dressing 13.99# VGN DF

POULTRY/FISH

- Violet's Tuna** 13.99# GF DF
- Three-P's Chicken** chicken breast, peapods, peas, prosciutto, parsley, chives, shallots; lemon-yogurt dressing 12.99# GF
- Sesame Spinicken** chicken breast, red peppers, spinach, sesame seeds; sesame-soy vinaigrette 12.99# GF DF
- Indonesian Chicken** chicken breast, almonds, grapes, celery, scallions, chives, curry; mango chutney aioli 12.99# DF GF
- Tarragon Chicken** shredded chicken breast, celery, tarragon, onions, dijon mayonnaise, lemon, worcestershire 11.99# GF DF

OTHER OPTIONS THAT MAY BE AVAILABLE IN MARKET

- Paesana Chicken** chicken breast, green olives, tomatoes, fontina cheese, parsley, scallions, arugula, garlic, white wine vinegar, olive oil, honey 12.99# GF
- Chicken Riviera** chicken breast, ham, artichoke hearts, sun-dried tomatoes, scallions; lemon aioli 12.99# GF DF
- Three-Tomato Lentils** sun-dried tomatoes, grape tomatoes, scallions, basil; red vine-tomato basil vinaigrette 11.99# VGN DF GF
- Mini Caprese** mozzarella, tomatoes, basil, olive oil 11.99# VEGT GF
- Old Fashioned Potato Salad** hard-boiled eggs, celery, onions, pickle relish, cider vinegar, mustard, mayo 10.99# VGN GF DF
- Orientele Beets** mandarin oranges, peanuts, cilantro; spicy sesame vinaigrette 12.99# VGN GF DF
- Turkish Chopped** cucumbers, tomatoes, peppers, olives, onions, mint; vinaigrette 11.99# VGN DF GF