

Convito Café & Market

Prepared Food Salads Schedule - Fall-Winter 2018-19

All Items are subject to availability. Prices are subject to change.

Daily

Violet's Tuna: 12.99#
Rigatoni e Noci: rigatoni, walnuts, fontinella cheese, scallions; creamy lemon dressing 10.99#
Tarragon Chicken: chicken breast, celery, tarragon, chives; dijon mayonnaise 11.99 #
Sesame Noodles: scallions; sesame vinaigrette 10.99#
Vegetale Fresca: peapods, carrots, tomatoes, zucchini, cucumbers; oregano vinaigrette 9.99#
Caponata: eggplant, capers, black olives, tomatoes; sweet & sour dressing 10.99#

Monday/Tuesday

Wild Chicken: chicken, long grain & wild rice, dried figs, pinenuts, shallots, honey; white balsamic vinaigrette 11.99#
Pretty Pollo: chicken, zucchini, prosciutto, onions; dijon vinaigrette 11.99#
Bangkok Chicken: chicken breast, farfalle, peapods, scallions, cilantro, sesame seeds; sesame-soy-ginger vinaigrette 11.99#
Bistro Farfalle: farfalle, asparagus, spinach, sun-dried tomatoes, feta; citrus vinaigrette 10.99#
Lemon-Dill & Orzo: cucumbers & kalamata olives; lemon-dill dressing 10.99#
Couscous Me Peas: israeli couscous, peas, pistachios, arugula, mint, shallots, feta cheese, lemon; red wine vinaigrette 12.99#
Tuscan White Beans: pancetta, sun-dried tomatoes, arugula; red wine vinaigrette 10.99#
Mexi-corn-uoa (mexi-corn-wah): quinoa, corn, cherry tomatoes, cilantro, jalapeno pepper, queso fresco cheese, lime-honey dressing 11.99#
Oriente: beets, oranges, peanuts, sesame seeds; sesame rice wine vinaigrette 11.99#
Bella Brussels: shaved brussels sprouts, sautéed prosciutto, parmesan; white balsamic vinaigrette 14.99#

Wednesday/Thursday

Chicken Paesana: chicken, tomatoes, green olives, fontina cheese, parsley; roasted garlic vinaigrette 11.99#
Chopped Chicken: chicken, pasta, bacon, tomatoes, spinach, basil; gorgonzola vinaigrette 11.99#
Chicken Exotica: chicken, celery, raisins, almonds, peapods, scallions; curried chutney aioli 11.99#
Spring Farfalle: pasta, asparagus, peapods, arugula, lemon zest; poppyseed champagne honey vinaigrette 10.99#
Pasta Bellissima: orecchiette pasta, brussels sprouts, prosciutto, parmesan; white balsamic vinaigrette 10.99#
Orzo Mediterranea: orzo, tomatoes, kalamata olives, arugula, feta; honey red wine vinaigrette 10.99#
Lemon-Shello: pasta shells, broccoli, red grapes, pecans; lemon aioli 11.99#
Chick-ghetti: spaghetti squash, chickpeas, sun dried tomatoes, lemon zest, scallions; white balsamic vinaigrette 10.99#
Santorini: farro, cucumber, red peppers, sun-dried tomatoes, feta, cucumbers, scallions, parsley, oregano vinaigrette 12.99#
Artichoke Mushroom: artichoke hearts, mushrooms, arugula; spicy herb vinaigrette 11.99#

Caesar Verde: green beans, parmesan, croutons; Caesar dressing 11.99#

Caprese: tomatoes, mozzarella balls, basil, olive oil 10.99

Super Salad: carrots, edamame, cauliflower, kale, radishes; yogurt, lime, honey; jalapeno green goddess dressing 11.99#

Armenian Zest: shaved cauliflower, arugula, celery, lemon zest, almonds, raisins; shallot red wine chili pepper vinaigrette 10.99#

Friday/Saturday

Fabulous Fall Farro: chicken, farro, butternut squash, golden raisins, walnuts, cilantro; apple cider vinaigrette 11.99#

Sesame Spinicken: grilled chicken breast, spinach, red peppers, sesame seeds; sesame vinaigrette 11.99#

Goddess Chicken: chicken breast, grapes, pecans, celery; yogurt, lime, honey; jalapeno green goddess dressing 11.99#

Market Fusilli: fusilli, goat cheese, arugula, sun-dried tomatoes, kalamata olives; shallot vinaigrette 10.99 #

Broccolicious: broccoli, cavatappi, crispy bacon, golden raisins, walnuts, shallots; white balsamic aioli 11.99#

Surf & Turf: shell pasta, ham, peas, fontinella cheese; lemon aioli 11.99#

Garden Tortellini: cheese tortellini, asparagus, cherry tomatoes, basil, shallots, parmesan; lemon champagne vinaigrette 12.99#

Candace's White Beans: white beans, sun-dried tomatoes, spinach, capers; lemon dijon vinaigrette 10.99 #

Lovely Lentils: lentils, butternut squash, red onion, parsley with coriander, cumin, ginger, cinnamon; balsamic dressing 11.99#

Quinoa & Kale: tomatoes, almonds, sun-dried cherries, carrots & mint; lemon dressing 12.99#

Old-Fashioned Potato Salad: eggs, celery, onions, pickle relish mustard mayo 10.99#

City Slaw: cabbage, ham, gruyere, spinach; gorgonzola vinaigrette 10.99#

Bellini Beets: yellow beets, celery, arugula, feta; champagne peach vinaigrette 11.99 #

Bella Brussels: shaved brussels sprouts, sautéed prosciutto, parmesan; white balsamic vinaigrette 14.99#

Turkish Chopped: tomatoes, cucumbers, red onions, yellow peppers, olives, mint; red wine vinaigrette 11.99#

Corn-zinni: grilled zucchini, corn, basil feta cheese, lemon zest; apple cider vinaigrette 11.99#

Festi-Fall: roasted butternut squash, pomegranate seeds, peanuts, shallots; piquant lemon-honey dressing 12.99#

Sunday

Salpicon Chicken: chicken breast, carrots, green beans, crispy potatoes; creamy spicy lemon dressing 11.99#

Savory Chicken: chicken, spinach, walnuts, pinenuts, sun-dried cherries, raisins; champagne honey-mustard vinaigrette 12.99#

Farfalle Checca: butterfly pasta, fresh tomato sauce, basil, fresh mozzarella 10.99#

*If you would like a salad on a day it is **not** listed, there is a **4 pound minimum order***

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