



CONVITO MARKET PREPARED FOODS

(heat at home) Summer 2021

Subject to availability. Order online, delivery or stop in! **VGN**=VEGAN, **VEGT**=VEGETARIAN, **GF**=GLUTEN FREE **DF**=DAIRY FREE

PAGE 1: Available (most) every day:

PASTA PIZZA

Mama Mia Lasagna: mozzarella, parmesan; hearty meat sauce & tomato basil sauce 11.99#

Grandma's Lasagna: spinach, ricotta, mozzarella, parmesan, roasted red peppers; hearty meat sauce 11.99#

Spinach & Mushroom Lasagna: with parmesan, mozzarella; tomato basil sauce 11.99# VEGT

Country Lasagna: sausage ragu, tomato basil, roasted red peppers, parmesan, mozzarella 11.99#

Garden Fresh Lasagna: carrots, zucchini, broccoli, mozzarella, parmesan; tomato basil sauce 11.99# VEGT

Cannelloni of the Day

Pizza Margherita 10/13.5 • **Sausage Pizza** 11/16.5 • **Pepperoni Pizza** 11/16.5 • **Spinach Mushroom Pizza** 11/16.5

CHICKEN

Parmesan Chicken: chicken breast encrusted in breadcrumbs, parmesan & herbs 12.99#

Chicken Impressivo: chicken breast, capers, white wine, olive oil, garlic, parsley & rosemary 12.99# GF DF

Chicken Marsala: chicken breast, with mushrooms & marsala sauce 12.99# GF DF

Chicken Limone: chicken breast floured with lemon, butter, olive oil & parsley 12.99#

Chicken Pot Pie: white meat chicken, carrots, celery, onions, peas, creamy béchamel, puff pastry 13.99 ea

Thai Half Chicken 6.99 ea DF

MEAT/FISH

Shepherd's Pie: ground beef, peas, green beans, carrots, onion, mashed potatoes 13.99 ea GF

Grandma's Meatloaf: organic grass-fed beef, onions, pancetta, carrots & celery; tomato BBQ glaze 12.99#

Meatballs alla Convito beef, pork, egg, spinach, panko, milk, breadcrumbs 12.99#

Turkey Boule: round turkey meatloaf with red wine demi glace 12.99#

Beef Bourguignon: bacon, garlic, carrots, pearl onions, red wine, mushrooms 18.99#

Salmon Filet of the day 22.99# DF GF

POTATOES/RICE/LEGUME

Parmesan Mashed Potatoes: 10.99# VEGT GF

Potato Cassoulet: shredded potatoes with parmesan & mozzarella 10.99# VEGT GF

Brown Rice Almondine 10.99# VEGT

Chick Peas & Kale 11.99# VGN DF GF

VEGGIES

Balsamic Grilled Vegetables 10.99# VGN GF DF

Brussels Sprouts of the day

Broccoli of the day

Carrots of the day

Cauliflower of the day

Eggplant of the day

Green Beans of the day

Peas of the day

Broccoli, Green Beans & Carrots 10.99# VGN GF DF

Soups of the Day 5.99 pint/11.99 quart (**white bean sun dried tomato** soup, & **french onion** available every day)

Mini Quiche/Slices of Quiche/Tartlets/Mini Pizzas

other delicious options that may be available on certain days continued on next page.....

CONVITO MARKET PREPARED FOODS

summer 2021....continued



PAGE 2: Veggies of the Day Options

Call or stop in for availability, or see online menu

Subject to availability. Order online, delivery or stop in! **VGN**=VEGAN, **VEGT**=VEGETARIAN, **GF**=GLUTEN FREE **DF**=DAIRY FREE

VEGETARIAN

- Broccoli & Caramelized Onions** 10.99# VGN GF DF
- Broccoli Arancia** with garlic, orange & sesame 11.99# VGN GF DF
- Brussels Sprouts** with garlic & olive oil 14.99# VGN GF DF
- Brussels Sprouts** with prosciutto 14.99# GF DF
- Carrots Casablanca:** cumin, paprika, garlic, lemon & parsley 10.99# VGN GF DF
- Carrots Honey Glazed** 10.99# VGN GF DF
- Roasted Cauliflower** with dijon, tarragon & olive oil 10.99# VEGT GF
- Cauliflower Parmigiana** - encrusted with breadcrumbs & parmesan 11.99# VEGT
- Corn, Zucchini, Parmesan** 10.99# VEGT GF
- Corn, Tomato, Peapod Succotash** 10.99# VEGT GF DF
- Eggplant Parmigiana:** eggplant, mozzarella, parmesan & tomatoes; tomato basil sauce 11.99# VEGT
- Eggplant Neapolitan:** tomato basil sauce, mozzarella 11.99# VEGT
- Green Beans** with garlic & bacon 11.99#
- Green Beans Almondine:** with parmesan 10.99# VEGT GF
- Mushroom Portabello:** stuffed with mozzarella & tomato basil 11.99# VEGT GF
- Mushrooms Parmigiano:** mushrooms baked with Parmesan 10.99# VEGT GF
- Cipolle Agro Dolce:** sweet & sour onions 10.99# VEGT GF DF
- 4 P's** peas, peapods, pancetta & parmesan 11.99# GF
- Peas & Prosciutto** 10.99# GF DF
- Peppers:** roasted red & yellow peppers, onion & basil 10.99# VEGT GF DF
- Peppers & Tomatoes:** sautéed peppers & tomatoes, olive oil, garlic, fresh basil VGN GF DF 10.99#
- Spinach Parmesan Cakes** 11.99# VEGT GF
- Simple Sauteed Spinach** VGN GF DF 10.99#
- Vegetable Stacks:** eggplant, zucchini, red peppers, tomato, parmesan, mozzarella; tomato sauce 11.99# VEGT
- Zucchini, Tomato, Onion Saute** VGN GF DF 10.99#
- Zucchini, Corn Parmesan** 10.99# VEGT GF

other delicious options that may be available on certain days continued on next page.....



CONVITO MARKET PREPARED FOODS

summer 2021.....continued

PAGE 3: These alternative options may be available
Call or stop in for availability, or see online menu

PASTA

Cannelloni Classico: pasta rolls filled with ricotta, mozzarella; tomato basil sauce 11.99# VEGT

Cannelloni Bolognese pasta rolls filled with ricotta, mozzarella, parmesan; bechamel & bolognese 11.99#

Country Cannelloni pasta rolls filled w/ chicken, mushrooms, spinach, ricotta, mozzarella, parmesan; tomato cream sauce 11.99#

Lasagna Rustica: sausage, tomato, potatoes, mozzarella, parmesan, mushroom sauce with prosciutto, vegetables, garlic 11.99#

Lasagna Mediterranean: chicken, green olives, tomato basil sauce, mozzarella, parmesan 11.99#

Lasagna Calabrese: pasta with sausage-tomato sauce, mozzarella, parmesan, hard boiled eggs, artichokes 11.99#

Mac & Cheese creamy macaroni with cheese & breadcrumbs 10.99 ea tin VEGT

CHICKEN

Greek Chicken: chicken breast, wine, lemon, oregano & rosemary w/ roasted potatoes 12.99# GF DF

Chicken Divine: chicken leg & thigh with figs, green olives, capers, oregano; red wine sauce 12.99# GF DF

BBQ Chicken Breast 12.99# GF DF

Ligurian Chicken: chicken breast, sun dried tomatoes, tomatoes, olive oil 12.99# GF DF

Chicken Calabrese: chicken leg & thigh with roasted potatoes, tomatoes, onions, garlic, nduja (calabrian spicy pork sausage spread) 12.99# GF DF

MEAT

Harvest Sausage with apples & fennel 11.99# GF DF

Stuffed Turkey Meatloaf: with spinach & mozzarella 12.99#

Cassuola: italian sausage, white beans, kale, red onion, garlic, tomato 11.99# GF DF

Rindsgulasch: Italian version of Hungarian gulasch, beef, carrots, celery, onions, paprikash 18.99# DF GF

Sausage & Lentil Stew with carrots, celery, onions, garlic, pancetta, tomato, wine rosemary 13.99# DF GF

Classic Beef Stew with mushrooms, carrots, potatoes, green beans, onion, red wine 18.99# GF DF

Pot Roast 18.99# GF DF

RICE/GRAIN/POTATOES/LEGUMES

Riso Exotica wild & brown rice with chickpea, currants, onions, curry, cumin & herbs, cumin 11.99# DF

Farro: farro, asparagus, kale, parmesan 13.99# VEGT

Yukon Gold Potato Mix: with organic spinach & leeks 10.99# VGN GF DF

Roasted Rosemary Potatoes: 10.99# VGN GF DF

Country Potatoes with cabbage & mushrooms, olive oil 11.99# VGN GF DF

Potato Gratin: cream, gruyere 12.99# GF VEGT

Roasted Potatoes & Peas with lemon & cilantro 10.99# VGN GF DF

Sunshine Potatoes: with roasted lemon, tomatoes, kalamata olives, garlic, sage & parsley 10.99# VGN GF DF

Papa's Peppers & Potatoes: olive oil & oregano 10.99# VGN GF DF

Gnocchi alla Romana semolina gnocchi, parmesan 11.99# VEGT

White Beans Toscana with tomatoes, garlic, onions & sage 11.99# VEGT DF GF

Luscious Lentils lentils, carrots, leeks, spinach, olive oil, grain mustard 11.99# VGN DF GF