

# CONVITO MARKET PREPARED FOODS

(heat at home) Fall 2020 oct 18 update



*Subject to availability. Order online or call for curbside pick up & delivery or stop in!*

**VGN=VEGAN, VEGT=VEGETARIAN, GF=GLUTEN FREE DF=DAIRY FREE**

We use free range chicken from Harrison's Farms in Glenview

## **Available (most) every day:**

### *PASTA PIZZA*

**Mama Mia Lasagna:** mozzarella, parmesan; hearty meat sauce & tomato basil sauce 11.99#

**Grandma's Lasagna:** spinach, ricotta, mozzarella, parmesan, roasted red peppers; hearty meat sauce 11.99#

**Spinach & Mushroom Lasagna:** with parmesan, mozzarella; tomato basil sauce 11.99# VEGT

**Garden Fresh Lasagna:** carrots, zucchini, broccoli, mozzarella, parmesan; tomato basil sauce 11.99# VEGT

**Pizza Margherita 9.5/13.5 • Sausage Pizza 12.5/16.5 • Pepperoni Pizza 12.5/16.5 • Spinach Mushroom Pizza 12.5/16.5**

### *CHICKEN*

**Parmesan Chicken** chicken breast encrusted in breadcrumbs, parmesan & herbs 12.99#

**Chicken Impressivo:** chicken breast, capers, white wine, olive oil, garlic, parsley & rosemary 12.99# GF DF

**Chicken Marsala:** chicken breast, with mushrooms & marsala sauce 12.99# GF DF

**BBQ Chicken Breast** 12.99# GF DF

**Chicken Pot Pie:** white meat chicken, carrots, celery, onions, peas, creamy béchamel, puff pastry 13.99 ea

**Thai Half Chicken** 6.99 ea DF

### *MEAT/FISH*

**Shepherd's Pie:** ground beef, peas, green beans, carrots, onion, mashed potatoes 13.99 ea GF

**Grandma's Meatloaf:** organic grass-fed beef, onions, pancetta, carrots & celery; tomato BBQ glaze 12.99#

**Meatballs alla Convito** beef, pork, egg, spinach, panko, milk, breadcrumbs 12.99#

**Turkey Boule:** round turkey meatloaf with red wine demi glaze 12.99#

**Rindsgulasch:** Italian version of Hungarian gulasch, beef, carrots, celery, onions, paprikash 18.99# DF GF

**Salmon Filet** of the day 21.99# DF GF

### *POTATOES/RICE/LEGUME*

**Parmesan Mashed Potatoes:** 10.99# VEGT GF

**Potato Cassoulet:** shredded potatoes with parmesan & mozzarella 10.99# VEGT GF

**Brown Rice Almondine** 10.99# VEGT

**Chick Peas & Kale** 11.99# VGN DF GF

### *VEGGIES*

**Balsamic Grilled Vegetables** 10.99# VGN GF DF

**Broccoli & Caramelized Onions** 10.99# VGN GF DF

**Peas & Prosciutto** 10.99# GF DF

**Brussels Sprouts** with garlic & olive oil 14.99#

**Broccoli, Green Beans & Carrots** 10.99# VGN GF DF

**Soups of the Day** 5.99 pint/11.99 quart (**white bean sun dried tomato** soup, & **french onion** available every day)

**Mini Quiche/Slices of Quiche/Tartlets/Mini Pizzas**

*other delicious options that may be available on certain days continued on next page.....*

# CONVITO MARKET PREPARED FOODS

*continued*



## OTHER OPTIONS THAT MAY BE AVAILABLE IN MARKET, CALL FOR AVAILABILITY

### PASTA

**Sausage & Mushroom Lasagna:** sausage ragu, tomato basil, roasted red peppers, parmesan, mozzarella 11.99#

**Lasagna Mediterranean:** chicken, green olives, tomato basil sauce, mozzarella, parmesan 11.99#

**Manicotti Nonna:** pasta rolls filled with ricotta, mozzarella; tomato basil sauce 11.99# VEGT

**Lasagna Calabrese:** pasta with sausage-tomato sauce, mozzarella, parmesan, hard boiled eggs, artichokes 11.99#

**Mac & Cheese** creamy macaroni with cheese & breadcrumbs 10.99 ea VEGT

### CHICKEN

**Greek Chicken:** chicken breast, wine, lemon, oregano & rosemary w/ roasted potatoes GF DF

**Chicken Limone:** chicken breast floured with lemon, butter, olive oil & parsley 12.99#

**Chicken Divine:** chicken leg & thigh with figs, green olives, capers, oregano; red wine sauce 12.99# GF DF

**Ligurian Chicken** chicken breast, sun dried tomatoes, tomatoes, olive oil 12.99# GF DF

### MEAT

**Harvest Sausage** with apples & fennel 11.99# GF DF

**Stuffed Turkey Meatloaf:** with spinach & mozzarella 12.99#

**Cassuola:** italian sausage, white beans, kale, red onion, garlic, tomato 11.99# GF DF

**Classic Beef Stew** with mushrooms, carrots, potatoes, green beans, onion, red wine 18.99#

**Pot Roast** 18.99# GF DF

### RICE/GRAIN/POTATOES

**Wild Rice Pilaf** with pomegranate berries 12.99# DF VGN

**My Fair Farro** with fennel, onions, garlic, sweet potatoes, apples, sun dried cherries, cider vinegar, olive oil 12.99# DF VGN

**Farro:** farro, asparagus, kale, parmesan 13.99# VEGT

**Yukon Gold Potato Mix:** with organic spinach & leeks 10.99# VGN GF DF

**Roasted Rosemary Potatoes:** 10.99# VGN GF DF

**Potato Gratin:** cream, gruyere 10.99# GF VEGT

**Roasted Potatoes & Peas** with lemon & cilantro 10.99# VGN GF DF

**Sunshine Potatoes:** with roasted lemon, tomatoes, kalamata olives, garlic, sage & parsley 10.99# VGN GF DF

**Papa's Peppers & Potatoes:** olive oil & oregano 10.99# VGN GF DF

**Parmesan Sweet Potatoes** 10.99# VEGT GF

### VEGETARIAN

**Butternut Squash Leek Gratin** with tomato & gruyere 11.99# VEGT GF

**Brussels Sprouts** with prosciutto 14.99# GF DF

**Eggplant Parmigiana:** eggplant, mozzarella, parmesan & tomatoes; tomato basil sauce 11.99# VEGT

**Casablanca Carrots:** cumin, paprika, garlic, lemon & parsley 9.99# VGN GF DF

**Green Beans Almondine** with parmesan 10.99# VEGT GF

**Honey Glazed Carrots** 10.99# VGN GF DF

**Roasted Peppers:** red & yellow peppers, onion & basil 10.99# VEGT GF DF

**Parmesan Encrusted Cauliflower** 10.99# VEGT

**Parmesan Spinach Cakes** 10.99# VEGT GF

**4 P's** peas, peapods, pancetta & parmesan 11.99# GF

**Portobello Mushrooms** with mozzarella & tomato basil 11.99# VEGT GF

**Roasted Cauliflower** dijon, tarragon & olive oil 10.99# VEGT GF

**Vegetable Eggplant Neapolitan:** tomato basil sauce, mozzarella 11.99# VEGT

**Vegetable Stacks:** eggplant, zucchini, red peppers, tomato, parmesan, mozzarella; tomato sauce 10.99# VEGT

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