

Convito Market Prepared Foods

Fall 2021

*The following is a complete list of our prepared foods selection to heat/eat at home.
We make many items daily, but not all. Seasonality may affect availability.
Call or stop in for daily selections or see online ordering menu.
Any item available for pre-order if it meets our minimum requirements.*

PASTA/PIZZA

- Mama Mia Lasagna:** mozzarella, parmesan; hearty meat sauce & tomato basil sauce 11.99#
- Grandma's Lasagna:** spinach, ricotta, mozzarella, parmesan, roasted red peppers; hearty meat sauce 11.99#
- Spinach & Mushroom Lasagna:** with parmesan, mozzarella; tomato basil sauce 11.99# VEGT
- Country Lasagna:** sausage ragu, tomato basil, roasted red peppers, parmesan, mozzarella 11.99#
- Lasagna Calabrese:** sausage-tomato sauce, mozzarella, parmesan, hard boiled eggs, artichokes 11.99#
- Lasagna Rustica:** sausage, tomato, potatoes, mozzarella, parmesan; mushroom- vegetable sauce w/prosciutto 11.99#
- Lasagna Mediterranean:** chicken, green olives, tomato basil sauce, mozzarella, parmesan 11.99#
- Garden Fresh Lasagna:** carrots, zucchini, broccoli, mozzarella, parmesan; tomato basil sauce 11.99# VEGT
- Cannelloni Classico:** pasta rolls filled with ricotta, mozzarella; tomato basil sauce 11.99#
- Country Cannelloni** chicken, mushrooms, spinach, ricotta, mozzarella, parmesan; tomato cream sauce 11.99#
- Autumn Cannelloni:** acorn squash, ricotta, parmesan, mozzarella, majoram, scallions, tomatoes, brown sugar; creamy onion sauce 11.99#
- Cannelloni Bolognese** pasta rolls filled with ricotta, mozzarella, parmesan; bechamel & bolognese 11.99#
- Mac & Cheese** creamy macaroni with cheese & breadcrumbs 10.99ea VEGT
- Nonna's Baked Penne:** meat sauce, mozzarella, ricotta, parmesan. 13.99ea
- Mini Quiche/Slices of Quiche/Tartlets/Mini Pizzas** *Inquire for all our hors d'oeuvres!*
- Pizza Margherita Pizza** 10/13.5 • **Sausage Pizza** 11/16.50 • **Pepperoni Pizza** 11/16.50 • **Spinach Mushroom** 11/16.50

POULTRY

- Parmesan Chicken:** chicken breast encrusted in breadcrumbs, parmesan & herbs 12.99#
- Chicken Impressivo:** chicken breast, capers, white wine, olive oil, garlic, parsley & rosemary 12.99# GF DF
- Chicken Marsala:** chicken breast, with mushrooms & marsala sauce 12.99# GF DF
- Chicken Limone:** chicken breast floured with lemon, butter, olive oil & parsley 12.99#
- Greek Chicken:** chicken breast, wine, lemon, oregano & rosemary w/ roasted potatoes 12.99# DF GF
- BBQ Chicken Breast** 12.99# DF GF
- Ligurian Chicken:** chicken breast, sun dried tomatoes, tomatoes, olive oil 12.99#
- Chicken Cacciatore:** chicken leg & thigh, mushrooms, onions, pancetta, tomatoes, wine, sage, rosemary 13.50# DF GF
- Rosemary Balsamic Chicken:** thyme, garlic, dijon 13.50# DF GF
- Thai Half Chicken** DF 6.99ea
- Chicken Pot Pie:** white meat chicken, carrots, celery, onions, peas, creamy bechamel, puff pastry 13.99ea
- Chicken San Jorge:** carrots, corn, peas, guajillo salsa, tomatoes 11.99ea DF GF
- Turkey Boule:** round turkey meatloaf with red wine demi glace 12.99#
- Stuffed Turkey loaf:** with spinach & mozzarella 12.99#
- Turkey Tetrazzini:** carrots, celery, onions, mushrooms, peas, wine, cream cheese, parmesan 12.99ea
- Chicken Divine:** chicken leg & thigh with figs, green olives, capers, oregano; red wine sauce 12.99# GF DF

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MEAT

Grandma's Meatloaf: organic grass-fed beef, onions, pancetta, carrots & celery; tomato BBQ glaze 12.99#

Meatballs alla Convito: beef, pork, egg, pinenuts, spinach, panko, milk, breadcrumbs 12.99#

Rindsgulasch: Italian version of Hungarian gulasch, beef, carrots, celery, onions, paprikash 18.99# GF DF

Beef Bourguignon: bacon, garlic, carrots, pearl onions, red wine, mushrooms 18.99#

Classic Beef Stew: mushrooms, carrots, potatoes, green beans, onion, red wine 18.99# GF DF

Pot Roast 18.99# GF DF

Cassuola: italian sausage, white beans, kale, red onion, garlic, tomato 11.99# GF DF

Harvest Sausage: with apples & fennel 11.99# GF DF

Italian Sausage with Broccoli & Potatoes 12.99# **GF DF**

Shepherd's Pie: ground beef, peas, green beans, carrots, onions, mashed potatoes. 13.99ea

FISH

Salmon Filet of the day 24.99# –* Lemon-Dill or *Teriyaki Glazed or *Tomato & Basil all DF GF

*Cucumber Yogurt GF

POTATOES

Parmesan Mashed Potatoes 10.99# VEGT GF

Potato Cassoulet: shredded potatoes with parmesan & mozzarella 10.99# VEGT GF

Yukon Gold Potato Mix: with organic spinach & leeks 10.99# VGN DF GF

Roasted Rosemary Potatoes 11.99# VGN DF GF

Potato Gratin: cream, gruyere 12.99# VEGT GF

Roasted Potatoes & Peas: with lemon & cilantro 10.99# VGN GF DF

Sunshine Potatoes: with roasted lemon, tomatoes, kalamata olives, garlic, sage & parsley 10.99# VGN GF DF

Papa's Peppers & Potatoes: olive oil & oregano DF 11.99# VGN GF

Sweet Potato Wedges 11.99# GF DF

Country Potatoes with cabbage & mushrooms, olive oil 10.99# **VGN** DF GF

GRAINS

Brown Rice Almondine 11.99# VEGT GF

Winter Rice Pilaf: with leeks, carrots & peas 11.99# GF

Summer Rice Pilaf: with summer squash, peas & mint 11.99# GF

Wild Rice Pilaf: with pomegranate berries 12.99# GF

Riso Exotica: wild & brown rice with chickpea, currants, onions, curry, cumin & herbs, cumin 12.99# GF

Risotto Cakes of the Day

Farrogus: farro, asparagus, kale, parmesan 13.99# VEGT

My Fair Farro: with fennel, onions, garlic, sweet potatoes, apples, sun dried cherries, cider vinegar, olive oil DF? 11.99#

Semolina Gnocchi: with butter & parmesan. 11.99# VEGT

LEGUMES

Chick Peas & Kale 11.99# VGN DF GF

White Beans Toscana: with tomatoes, garlic, onions & sage 11.99# VGN

Lentils, leeks, carrots, olive oil, spinach, grain mustard 12.99# VEGT

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VEGETABLES

Balsamic Grilled Vegetables 11.99# VGN DF GF
Broccoli & Caramelized Onions 11.99# VGN DF GF
Broccoli, Green Beans, & Carrots 11.99# VGN DF GF
Broccoli Arancia: with garlic, orange & sesame 11.99# VGN DF GF
Brussels Sprouts: with garlic & olive oil 11.99# VGN DF GF
Brussels Sprouts: with prosciutto 14.99# GF DF
Carrots Casablanca: cumin, paprika, garlic, lemon & parsley 11.99# VGN DF GF
Carrots Honey Glazed: 11.99# VEGT DF GF
Cauliflower Roasted: dijon, tarragon & olive oil 11.99# VGN DF GF
Cauliflower Parmigiana: encrusted with breadcrumbs & parmesa VEGT 11.99#
Corn, Zucchini, Parmesan VEGT GF 11.99#
Corn, Tomato, Peapod Succotash 11.99# VGN DF GF
Eggplant Parmigiana: eggplant, mozzarella, parmesan & tomatoes; tomato basil sauce 12.99# VEGT
Eggplant Neapolitan: tomato basil sauce, mozzarella 11.99# VEGT
Green Beans: with garlic & bacon 11.99# DF
Green Beans Almondine: with parmesan 11.99# VEGT GF
Mushroom Portobello: stuffed with mozzarella & tomato basil VEGT GF 11.99#
Mushrooms Parmigiano: mushrooms baked with parmesan VEGT 11.99#
Peas, Peapods, Pancetta – 4 P's & parmesan 11.99# GF
Peas & Prosciutto 11.99# GF DF
Peppers: roasted red & yellow peppers, onion & basil 11.99# VGN DF GF
Peppers & Tomatoes: sautéed peppers & tomatoes, olive oil, garlic, fresh basil 11.99# VGN DF GF
Spinach Parmesan Cakes 11.99# VEGT GF
Spinach & Cheese Dumplings 12.99# VEGT
Squash: acorn halves with butter & brown sugar 11.99# VEGT GF
Squash: butternut squash gratin with gruyere, leeks, tomatoes 12.99# VEGT
Vegetable Stacks: eggplant, zucchini, red peppers, tomato, parmesan, mozzarella, breadcrumbs; tomato sauce 11.99# VEGT
Zucchini, Tomato, Onion Sauté: 11.99# VGN DF GF
Zucchini, Corn & Parmesan: 11.99# VEGT GF